

good morning

* toasted white, wheat or baguette with butter & jam.....	3.00
raisin toast, brioche	3.50
* individual daily pastries	3.00
* granola , yogurt, fresh fruit	6.25
* fresh fruit salad.....	6.25
* homemade stone ground oatmeal , banana, raisins, maple syrup (11am)	5.75
* four minute soft boiled eggs , toast strips, roasted potatoes.....	8.00
* tuscan breakfast platter , prosciutto di parma, herbed ricotta, marinated tomatoes, mixed greens, wildflower honey	13.75
* i.e.s breakfast platter , atlantic smoked salmon, herbed sheep's milk cheese marinated tomatoes, sweet onions, caperberries and mixed greens	13.75
* brown breakfast platter , raisin toast, french butter, preserves, fruit, yogurt, granola wildflower honey.....	11.25
* quiche , grape tomatoes, thyme, cipollini, goat cheese, potatoes or mixed greens	8.25
quiche with both roasted potatoes & mixed greens.....	10.50

baked eggs

served with filone toast

* baked eggs , tomatoes & pancetta.....	8.75
* baked eggs , spicy chorizo, tomatoes, leeks, gruyere	12.75
* baked eggs , tomatoes, asparagus, manchego cheese, mixed greens, roasted potatoes	12.75
* baked eggs , tomatoes, smoked salmon, herbed ricotta, mixed greens	13.75
* baked eggs , merquez sausage, roasted peppers, leeks, mozzarella, mixed greens, roasted potatoes	12.75
* alpine breakfast platter , wild boar sausage baked eggs, leeks, gruyere roasted potatoes and mixed greens	15.25

salads

add a protein (chicken, tuna, turkey, steak, pancetta, salmon)	4.00
add avocado.....	3.50

* seared flank steak , mixed greens, grape tomatoes, avocado, shaved red onion, rosemary aioli	13.00
* arugula , apple, dried cranberries, garrotxa, muscat vinaigrette	11.00
* endive , radicchio, candied walnuts, parmesan, aged red wine vinaigrette.....	11.00
* lentil salad, mixed greens, brunoise vegetables, leeks, beets, goat cheese.....	12.00
* tuscan tuna , grape tomatoes, capers, shaved onions, basil	12.00
* green bean salad, market greens, kalamata olives, marcona almonds, tomatoes, red onion, capricho de cabra, lemon vinaigrette	11.00

sandwiches

served with mixed greens

add avocado	2.00
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* grilled cheese , assorted cheeses, tomato, white bread	11.25
* open faced roasted portobello , zucchini, leeks, manchego, olive bread.. ..	11.00
* black forest ham , dijon mustard, gruyere, tomatoes, brioche.....	11.50
* house cured turkey , pancetta, avocado, tomato, wheat bread	12.75
* flank steak , roasted shallots, valdeon, roasted garlic aioli, foccoccia.....	12.75
* faccoccia di parma prosciutto , tomato, baby arugula, mozzarella.....	11.00
* open faced smoked salmon , avocado, onions, tomatoes, herbed cheese, wheat bread	12.75
* roasted free range chicken breast , charred red pepper aioli, vermont cheddar, marinated tomatoes and mixed greens french baguette	11.00

lunch

* vegetarian soup of the day.....	8.00
* brown's macaroni and cheese	12.00
* cheese and charcuterie board.....	15.00
* 3 cheese board.....	9.00

sides

* macaroni and cheese	6.00
* mixed greens	4.00
* homemade merquez sausage	6.00
* green beans	5.00
* roasted beets	5.00
* roasted potatoes	4.00
* soft boiled egg	2.50
* avocado	3.50

refreshments

* lurisia sparkling or flat water ½ liter.....	3.00
* lurisia sparkling or flat water 1 liter.....	6.00
* fresh juice : orange or grapefruit.....	3.50
* fresh lemonade	2.90
* limonata or aranciatta (sparkling pellegrino).....	2.50
* coca cola or diet coca cola	2.50

coffee intelligentsia

add \$.50 for iced

* espresso	2.35
* americano	2.35
* cappuccino	3.65
* latte	3.95
* mocha	3.95
* extra shot	1.25

tea handcrafted by art of tea.....

3.25

* lemon verbena	* biodynamic breakfast	* fresh mint
* tali's masala chai	* dragonwell green tea	* red velvet
* white peach	* jasmine pearls	* citron mate
* chamomile	* earl grey	